

【Regarding COVID-19】

※Kochi Prefecture published the following information on April 3rd and April 5th.

Request from the Governor of Kochi

① Please do not go out at night.

Please limit going outside from now until April 12th.

Especially avoid the following places.

●Places with lots of people. (Crowded conditions with people.)

●Places you talk to people in close proximity. (Conversations in short distance.)

●Small rooms. (Closed spaces with insufficient ventilation.)

② Limit as much as possible trips to areas with lots of new coronavirus cases (Tokyo, Osaka, etc.)

③The following is important.

●Wash your hands.

●Gargle.

●Wear a mask.

●Cover your mouth and nose with a mask or tissue when sneezing and coughing.

Let's all follow these guidelines to decrease the number of people who catch the new coronavirus.

◇Kochi Governor's message on April 5th

https://www.pref.kochi.lg.jp/soshiki/010101/files/2020030300305/file_202045020828_1.pdf

◇Prime Minister's Office Website: Avoid the 3 C's

<https://www.kantei.go.jp/jp/content/000061868.pdf>