

### Request from 1st October to 31st October

#### ○ For everyone living in Kochi Prefecture

- (1) Please take infection prevention measures, such as wearing a mask and avoiding the 3Cs (closed spaces, crowded places, close-contact settings)
- (2) When doing sports, make sure that there is sufficient ventilation and frequent disinfection of all areas, such as changing rooms.
- (3) Install the COVID-19 Contact Application, "COCOA". It will notify you of close contact with COVID-19 positive users.
- (4) Do not talk badly about or discriminate against healthcare workers, or infected people and their families.
  - **Especially for those who are not fully vaccinated with two vaccine shots, please be cautious about activities such as eating and travelling with people who are not living with you or those who you are not in regular contact with.**

#### ○ For business owners

- (1) Please take all necessary measures to prevent infection (in particular, that your employees wear masks) according to guidelines.
- (2) Especially for managers of sports facilities and restaurants that serve alcoholic drinks, please follow the guidelines.

### 1 Regarding eating with others

#### (1) **As much as possible, reduce your group size and time together**

\*Until 30 September, we asked that you eat in a group of four or less, and within two hours.

- (2) Please wear a mask as much as possible during the time when conversation is the main activity to prevent infections.
- (3) In particular, please avoid high-risk activities such as drinking from the same cup, talking loudly, or singing karaoke without wearing a mask.

### 2 Regarding going out When going out, please follow infection prevention measures.

### 3 Regarding going to other prefectures

- (1) Choose areas with low infection numbers and travel when the infection situation is calm. Try to travel with people whom you are in regular contact with.
- (2) Follow the requests and messages issued by the governor of your destination prefecture.
- (3) If it is difficult to do points (1) and (2), please consider carefully on whether you should be travelling to another prefecture or not.
- (4) If you have a fever or are feeling unwell, please do not travel to other prefectures.
  - \*Until 30 September, we asked that you avoid going to prefectures with a high number of COVID-19 cases, such as those that have announced a State of Emergency or Quasi-Emergency Measures. This is especially true for those who have not yet received two vaccine shots.

### 4 Regarding events When holding events, please pay attention to the following points and ensure that infection control measures are taken.

- (1) Upper attendance limit:
  - Point 1: Events with no loud cheering/voices: 100% capacity | •Events with loud cheering/voices: 50% capacity
  - Point 2: The possible number of attendees should either be 5,000 or 50% of the capacity, whichever is higher.
  - The final number of attendees should fulfill both the first and second points. (whichever is lower)

### 5 Regarding Prefectural Facilities Opened for visits. Infection control measures are taken based on industry-specific guidelines.