

【COVID-19】Requests to everyone in Kochi Prefecture (1/2)

Kochi Prefecture's COVID-19 Level: **Red - Special Advisory** (10th February 2022)

Request from 12th February to 6th March

○ For everyone living in Kochi Prefecture

- (1) **Take infection prevention measures, including the correct use of non-woven masks, avoidance of the 3Cs, adequate ventilation, and frequent hand disinfection.**
- (2) **Many cases of infection at home have been reported. Ensure that your home is well ventilated, common areas are disinfected, and towels and eating utensils are not shared. In particular, families with elderly people are advised to wear masks even at home.**
- (3) Install the COVID-19 Contact Application, "COCOA". It will notify you of close contact with COVID-19 positive users.
- (4) Do not talk badly about or discriminate against healthcare workers, those who have caught COVID-19, and their families.
- (5) **People with symptoms should visit a registered medical institution*1 for a free test. People without symptoms but who are worried about being infected can take a free test at one of the prefectural testing centers or local pharmacies*2.**

*1 List of pharmacies: <https://www.kochi-muryokensa.com>

*2 List of registered medical institutions: https://www.pref.kochi.lg.jp/soshiki/130401/cov19_kensakyouryoku.html

○ For business owners

- (1) Carry out basic and industry-specific infection prevention measures, including mask-wearing, adequate ventilation, frequent hand disinfection, and disinfection of common areas.
- (2) **Reduce the number of employees coming in for work**, with initiatives like **teleworking and the use of leave.**
- (3) **Reduce people interaction by use of staggered working hours and other appropriate measures.**

1 Regarding eating with others

- (1) Limit eating to groups of **four or less** per table*1,2 and **under two hours**.
Try your best to **choose from the Kochike Anshinkaisyoku list** (高知家あんしん会食推進の店).
*1 This **limit of four** or less applies **even to families that live together.**
*2 Restaurants on the list are able to host meals for more than four persons if they applied to the prefecture to do so and if all guests have tested negative.
- (2) Wear a mask as much as possible when talking with others, especially when talking is the main activity.
- (3) In particular, do not do high-risk activities like drinking from the same cup, talking loudly, or singing karaoke without wearing a mask.

[COVID-19] Requests to everyone in Kochi Prefecture (2/2)

Kochi Prefecture's COVID-19 Level: **Red - Special Advisory** (10th February 2022)

Request from 12th February to 6th March

2 Regarding going out

(1) When going out, follow the infection prevention measures.

(2) **Avoid going to high-risk places, such as crowded places, poorly ventilated areas, or facilities with poor infection control measures.**

3 Regarding going to other prefectures

(1) **Avoid travel to other prefectures unless absolutely necessary.** *Travel is possible if you test negative

(2) If you have a fever or are feeling unwell, do not travel to other prefectures.

4 Regarding events

Observe the following points and take infection control measures based on industry-specific guidelines.

① For events **over 5,000 people with no loud voices**, an **infection prevention safety plan** must be submitted to the prefecture at least two weeks in advance. **With the prefecture's approval**, an attendance limit of **20,000 people*** or 100% facility capacity is allowed, whichever is smaller. *If everyone tests negative, the upper limit can be set at 100% facility capacity.

② **For events outside of ①, the attendance limit is either 5,000 or** based on the facility capacity*, whichever is smaller. Prepare a "checklist" describing infection prevention measures of your event, publish it on your website or other platforms, and keep it available for one year after the event (submission to the Prefecture is not required).

*2 Events with no loud voices can have 100% capacity, events with loud voices can have 50% capacity. Loud voice events are events actively promoting the audience to continuously use a louder than normal voice. Events not taking necessary measures against this count as well.

5 Regarding Prefectural Facilities

Opened for visits. Infection control measures are strictly done based on industry-specific guidelines.

6 Regarding Prefectural Schools

(1) **ICT-based learning**

Students who are COVID-19 close contacts and thus unable to attend school, will be able to use ICT devices to continue their learning activities, such as participating in classes and sending in their assignments.

(2) Club activities will **not be allowed on weekends** and will be **limited to two hours per day, three days per week for weekdays**. Practice matches in and out of the prefecture are not permitted. *Both regulations started from 31st Jan

(3) **Group supplementary classes on weekends** will either be **canceled or done online**.

Quasi-Emergency Measures

Location: Kochi Prefecture

Additional requests to residents and businesses due to the Quasi-Emergency

Period From 12 February 2022 to 6 March 2022

1 Requests to business owners (restaurants etc.)

Please reduce your business hours for the following

- Period: 12 Feb. 2022 (Saturday)~6 March 2022 (Sunday) (23 days)
- Target of request: Restaurants (including coffee shops) listed below that are licensed under the Food Sanitation Law
Restaurants, ryokan/hotels, karaoke rooms, live music clubs, etc.
(not including take out or delivery)
- Request details:

Business Categories	On the Kochike Anshinkaisyoku List		Not on the List
Business Hours	5 AM~9 PM	5 AM~8 PM	5 AM~8 PM
Serving Alcohol	Possible till 8 PM	Not possible	Not possible
	Businesses on the List choose from these 2 options		

※Businesses that cooperate will receive monetary compensation

- Limit eating to groups of four or less per table
 - ※1 This limit of **four or less** applies **even to families that live together**
 - ※2 Restaurants on the List that **have applied to host groups of five or more** can do so if everyone in the group has tested negative.

2 Requests to managers of large commercial facilities (over 1,000m²)

- Implement the following:
 - Limit entry numbers so that people **keep 2m distance from others**
 - Tell all entering the building to wear masks
 - Prohibit entrance of those not complying with infection prevention measures
 - Implement measures to prevent infection by droplets from conversations (ex. installation of boards to block droplets or ensuring proper distance between customers)
- Target of Request

Type of Facility	Examples
Theaters, etc.	Theaters, movie theaters, etc.
Assembly halls, etc.	Assembly halls, exhibition halls, rental conference rooms, multipurpose halls, etc.
Retail Stores	Large shops, department stores, shopping centers/malls, etc.
Hotels, etc.	Hotels, ryokan, (limited to the common areas)
Sports/recreation facilities	Gymnasiums, pools, tracks, baseball fields, golf facilities, bowling alleys, sports clubs, pachinko stores, etc.
Museums, etc.	Museums, art museums, memorial museums, aquariums, zoos, etc.
Amusement facilities	Horse and vehicle racing related facilities, internet cafes, manga cafes, etc.
Service industry	Large public baths, beauty salons, esthetic and relaxation industries, etc.

3 Requests to event facilitators

- Observe the following points and take infection control measures based on industry-specific guidelines.
 - ① For events with **over 5,000 people**, an **infection prevention safety plan** must be submitted to the prefecture at least two weeks in advance.
With the prefecture's approval, an attendance limit of **20,000*** or 100% facility capacity is allowed, whichever is smaller. These events cannot include loud voices.
* The upper limit can be set at 100% facility capacity if everyone tests negative.
 - ② **For events other than those covered in ①, the attendance limit is either 5,000 or based on the facility capacity* whichever is smaller.**
Prepare a "checklist" describing infection prevention measures of your event, publish it on your website or other platform, and keep it available for one year after the event.
(submission to the Prefecture is not required)
* Events with no loud voices (see below) can have 100% capacity, events with loud voices can have 50% capacity.
Note: Loud voice events are events actively promoting the audience to continuously use a louder than normal voice. Events not taking necessary measures against this count as well.

4 Requests to residents of Kochi Prefecture

- Avoid travel to other prefectures **unless absolutely necessary**.
※Travel is possible if you test negative
- Restaurants etc. are requested to close at 8 or 9 PM.
Avoid going to restaurants after these hours.
- Avoid restaurants etc. that are not following anti-infection measures.